

# Welcome to AA Area 30 District 1 & 2!

We are so happy to have you with us! We meet on the second Tuesday of the month at 7pm at the Cape Covenant Church, 11 Satucket Rd in Brewster. Our mailing address is PO Box 1270 South Dennis 02660. We are also on Zoom **ID# 508 487 9451**

Once you register with our District Registrar, you will be emailed our New Member Orientation Manual and a variety of other helpful materials. Below is the digital version of the "New GSR Welcome Packet " that is usually mailed to new GSRs from NY. I added the link below so you can access it sooner rather than later.

[GSR New Member List GSO.pdf](#) (updated 11/2024)

## **At the monthly meetings:**

- We often have handouts on a table to be distributed
- Water and food are provided.
- A Roll Call sheet will be passed around, *please write legibly*. For those on Zoom, pls put in the chat log: your name, phone number, email and group name. Please indicate if you're new. If you are new, please seek out our Registrar in person or at [registrardistrict1and2@gmail.com](mailto:registrardistrict1and2@gmail.com) so you can be registered.
- Once your email has been added to the distribution list, look for the meeting Minutes in your email approx. one week after the meeting was held.
- Snow days - If the Nauset schools are closed, then the meeting will be held on the following Tuesday (3<sup>rd</sup> Tuesday of the month).
- Please review our website [www.capecodaa.org](http://www.capecodaa.org) *There are many valuable resources to help you navigate through your new roll.*

## **Your role as a GSR:**

- Attend District monthly meeting 2<sup>nd</sup> Tuesday of the month
- Attend Quarterly Area 30 Assemblies if possible [www.aaemass.org](http://www.aaemass.org)
- Vote in accordance with your Group's conscience
- Please invite others in our AA community to come and see what we do. Maybe they can help, we can always use more hands and fresh ideas!

Most importantly, ask questions! Every question is important. We encourage feedback. Don't be afraid to raise your hand for clarification during meetings. We also would love to hear what's happening in your meetings and any challenges you might be experiencing.

Lastly, over time, please consider joining one of our committees in any capacity, small or large. We provide GSO pdf Workbooks which offer valuable suggestions and resources to assist in your success.

Thank you again for coming aboard! We look forward to working with you!  
District 1 & 2, Area 30